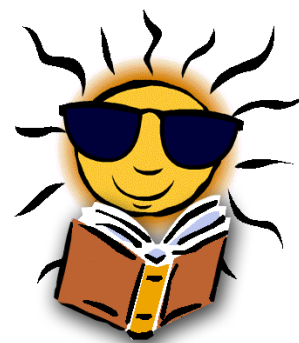


SANDFIELD CLOSE PRIMARY SCHOOL NEWSLETTER



Friday 13th November 2015

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This week's news from Sandfield Close.

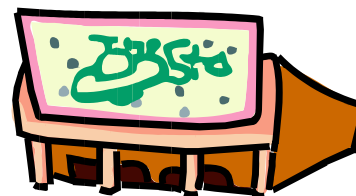
Diwali lunch

Jody and our catering team cooked a fantastic Diwali lunch for us on Wednesday. The hall was decorated with garlands and divas. The food was delicious and there was fresh chutney made with the tomatoes we grew at school. Managers from City Catering and the local neighbourhood policing team joined us for lunch. Special thanks to the kitchen and lunchtime staff for making it such a special occasion.



Cinema trips

The last of our cinema trips took place this morning. Children in all classes had the opportunity to visit the cinema as part of the Into Film youth film festival. Thank you to all the staff who made sure things ran smoothly and to the intrepid parents who joined us.



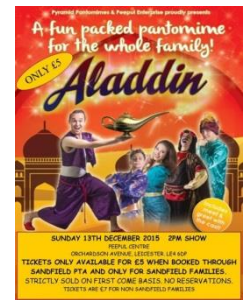
Whole school Christmas lunch

It's closer than you think! The kitchen will be cooking Christmas lunch for the whole school on Tuesday 15th December. Booking forms are being sent home with the children. All children are welcome to join us including those who usually bring a packed lunch. Please return the completed forms as soon as possible, so that Jody knows how much food she needs to order.



The PTA will be very busy in December

Friday 4th December **Children's Christmas Disco**
KS1 3.30-4.15pm and KS2 4.30-5.15pm. Letters will be sent home next week.



Sunday 13th December **Aladdin at the Peepul Centre.**
Tickets on sale at school from the PTA next week.

Thursday 10th December **Sandfield Christmas Market and Santa's Grotto** 3.00pm. Look out for details of stalls and activities soon.



Remembrance Day

Year 2 children and staff represented the school at the Remembrance Day Service at the War Memorial in Thurmaston. Thank you to the Thurmaston branch of the Royal British Legion for making us so welcome again this year. The rest of the school observed two minutes silence at 11.00am.



Flu vaccination

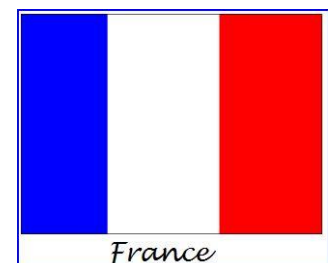
Final reminder! The majority of parents have now returned the completed forms. If you have not yet done so, please return your forms as soon as possible for checking by the immunisation team.



The date for the flu vaccination team to visit Sandfield Close has now been confirmed as **Friday 11th December.**

French Club has spaces on Monday

There are still spaces available for children of all ages in our French Club which runs on Monday afternoon. If you are interested in booking a place for your child, please contact Mandy Gennard via the school office.



Parent Governor vacancy

We have a vacancy for a Parent Governor. Details of the election process will be sent home to all parents next week.

A healthy eating message

What's in your lunchbox?



As part of our work to promote healthy food choices as part of a healthy lifestyle, children in our Healthy Living Group recently carried out a survey to find out what kind of food is in the lunchboxes at Sandfield Close.

They talked to children and looked at the packed lunches and recorded their findings. They were concerned to find that:

84% of children had at least one treat but only 44% had any fruit or vegetables.

The other concerning finding was that only 60% had a food that contained any protein, essential for our growing bodies. This is not healthy.



The Eco Group looked at the Eat Well plate and found that every child did have a starchy carbohydrate in their packed lunch which is brilliant news as that is what provides us with energy.

Dairy foods are also not too much of a concern as 80% of children were having cheese, yoghurt or milk and this is good for building strong bones and teeth.

The majority of children's packed lunches were too high in sugar and fats. To summarise:

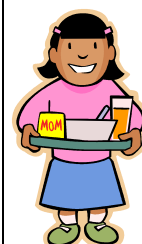
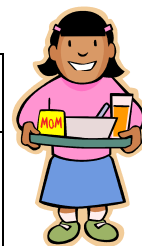
- *44% of children are eating fruit and vegetables in their packed lunch but this means that over half are NOT.
- *100% of packed lunches contain bread, rice and pasta.
- *only 20% are eating meat fish, eggs or beans
- *only 4% of children are drinking milk at lunch time
- *84% are eating foods high in fat and sugar



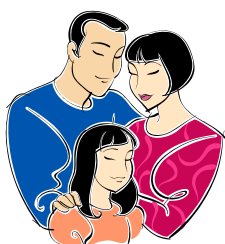
If you would like to know more about what our children discovered and how they are going to encourage their classmates to make healthier choices, check out the Eco Club blog on our school website.

Next week's lunch menu

Monday	Tuesday	Wednesday	Thursday	Friday
Black Eyed Bean Curry Rice & Naan	Chick Pea Curry Rice & Chapatti	Khichadi & Kadhi Potato Curry & Chapatti	Toover Dhal Rice & Naan	Moong Bean Curry Rice & Chapatti
Vegetable Lasagne Loaded Jacket Potato Cheese & Sweetcorn	Quorn Quesadilla Cheese & Vegetable Pie	Quorn Fillet cooked in Onion Gravy Breaded Vegetable Nuggets	Cheese Flan Vegetable Jambalaya	Quorn Burger Cheesy Leek & pea Pasta
Lamb Lasagne	Short Crust Topped Chicken Pie	Bread Salmon Fillets	Chicken Jambalaya	Battered Pollock Goujons
Garlic Bread Malted Baguette	Creamed Potatoes Jacket Potato	Spicy Rice Boiled Potatoes	Jacket Pototo Pitta Bread	Chips Bread Bun
Sweetcorn Garden Peas Mixed Salad	Broccoli Florets Baton Carrots Mixed Salad	Shredded Cabbage Sweetcorn Mixed Salad	Baked Beans Garden Peas Mixed Salad	Mixed Vegetables Mushy Peas Mixed Salad
Ice Cream Cinnamon & Orange Biscuit	Rice Pudding with Fruit Compote Iced Chocolate Sponge	Pineapple Upside Down Pudding & Custard Choc & Cherry Biscuit	Flapjack Butterscotch Biscuit	Mousse Shortbread
White Bread	Brown Bread Gravy	White Bread Gravy/Tomato Sauce	Brown Bread Tomato sauce	White Bread Tomato Sauce Vinegar Milk Fruit Yogurt
Milk Fruit Yogurt	Milk Fruit Yogurt	Milk Fruit Yogurt	Milk Fruit Yogurt	



Assessment Reports and Parent-Teacher meetings



Tuesday 17th and Wednesday 18th November. The kitchen will be open from 4.00-6.00pm on both days to give parents an opportunity to sample some of our lunchtime menus.

Please pop in and have a chat with Jody Gemmell our school cook.

Assessment summaries have been sent home for children in Years 1-6 showing their current attainment and effort in Reading, Writing and Maths. The children were asked to identify what they have enjoyed and the areas that they need to work on.



Hope your weekend goes according to plan.