

Planning for Nursery Parents
Why can't I have chocolate for breakfast?
Week 3

Firstly, if you wish to continue working on previous weeks activities, please do so. Try to keep a balance of activities by choosing from each area of development. I will be phoning all of the Nursery families again this week to touch base and check on everyone.

Activities for this week are loosely based around the concept of a picnic. Some activities do overlap and most are adaptable for indoors and outdoors. Important for this week is The Little Red Hen, Picnic Tedi Twt, number formation practice, cooking, music and dance. I've included a special circle time activity this week to make Paper Hugs.

Welsh language: I've linked three files for Picnic Tedi Twt. The book with sound has pauses for you child to practice repeating the words. The eBook is just the slides and includes a vocabulary card at the end. The pattern mats are there for non-Welsh speakers. We use these mats in the Nursery and hope you find them useful. A good question to practice during this topic is "Wyt ti'n hoffi _____?" "Do you like _____?" and answering "Ydw/Nag ydw" "Yes/No". Insert names of foods and practice asking and answering with your child.

Finally, please read through the plan before beginning, as you may find overlapping ideas that you can group together to keep your child engaged. We hope you enjoy these activities and have a bit of fun!

Keep safe & Keep Engaged!
Diolch,
Mrs. Muldoon & Mrs. James

	Language, Literacy and Communication Skills	Mathematical Skills	Personal & Social Development, and Well-being	Knowledge and Understanding of the World	Physical Development and Play	Creative Development
<p>Week 3 Picnic Important this Week:</p> <ul style="list-style-type: none"> • Little Red Hen • Picnic Tedi Twt • Number formation practice • Cooking Together • Music/Dance 	<p>Sing Morning Songs</p> <p>Little Red Hen Story see below.</p> <p>Read, Write, Inc practice set 1 sounds.</p> <p>Learn the song On Top of Spaghetti</p> <p>Picnic Tedi Twt. Practice asking and answering simple questions in Welsh. Pattern mats for parents. Book with sound. eBook.</p> <p>Mark-making Lines practice. Click here for extra examples.</p> <p>Name practice: see below for ideas.</p> <p>Make a guessing game using What am I food riddles.</p>	<p>Learn and practice the One Potato Two Potato counting rhyme.</p> <p>Practice Number formation rhymes. Practice writing 1-5. Find pebbles, sticks or leaves to make the numbers outside. Practice making the number on the floor using toys.</p> <p>Practice ordering cutlery and utensils from shortest to longest. Sort into types.</p> <p>Find sticks outside to order from shortest to longest.</p> <p>Play the I Spy Food Count to 10 game; or make your own.</p>	<p>Sandwich Makers Investigate and Make! See below.</p> <p>Special Lunchtime Picnic: Set up outside or build a den inside to have a picnic lunch together.</p> <p>Circle time: Talk with your child about loved ones and extended family that you aren't able to see at this time.</p> <p>Talk about how you are feeling and ask your child how they are feeling. Are they missing family or friends? Talk about how to send a hug to someone they love. See below for ideas to make paper hugs that can be sent to loved ones.</p>	<p>Watch How flour is made and How bread is made.</p> <p>Discuss how much hard work goes into making bread. Make and bake some bread together if you are able.</p> <p>Big Chef Little Chef activity: Let your child work alongside you to cook simple meals in the kitchen. See below for ideas.</p> <p>Taking care of the world: Does it belong in nature? Scavenger Hunt description below. After the activity, encourage your child to help decide what can be recycled and what cannot.</p>	<p>Picnic Play with teddies in the garden or indoors. If the weather is poor, build a den or shelter.</p> <p>Play traditional hide and seek.</p> <p>Find the Teddies: hide 5-10 teddies or cardboard cutouts of teddies. Challenge your child to find them before a timer goes off.</p> <p>Teddy bear race: try to run with your teddy between your knees.</p> <p>Create an obstacle course with your child. Movements: crawl, climb, jump, balance, hop, skip, aim, throw, catch and kick.</p>	<p>Help your child to make pretend cakes with kitchen sponges or cardboard for picnic play. See examples below.</p> <p>Make up your own dance moves to the song On Top of Spaghetti.</p> <p>Listen to the song Cake for Tea. Find or make your own instruments to play along with the 3 sounds: shaking, whisking and tapping. Help your child investigate different sounds made by everyday objects, and play their instruments along with the song.</p>

Building on The Little Red Hen:

If you are practicing once a day, your child should be more confident with the order of the story and the repetitive parts. Begin to encourage a bit of drama at this point. Try practicing standing up, for an audience if you can, or in front of a mirror.

“Not I” said the Encourage a whiney voice and dramatic shaking of the head.

“Then I’ll do it myself!” Encourage body language as if you are very proud/determined; standing straight, shoulders back. On the syllables of “I’ll do it myself” tapping own chest with thumb. Followed by “and so she did” pointing outwards with a wagging, pointing finger in time with the words. Try adding the words “Oh very well, then I’ll do it myself”, the action for “oh very well” is hands on hips.

“Who will help me....” Draw out the word “who” dramatically, with arms out and palms up.

Practice only once a day. From this point, start lowering your voice or removing yourself from the story as your child becomes more confident. Encourage your child to try and tell parts of the story on their own, while you continue mouthing the words and doing the actions.

If you are able, upload audio or video of your child practicing the story.

Extra Name Practice Ideas: Remember only the first letter is capitalised.



Alphabet Learning with chalk and rocks



AND NEXT COMES I



FIND YOUR NAME
a simple Breakfast Invitation



Name Practice
Treasure Dig Game!



RESOURCES by the Pallet



SIMPLYkinder

Sandwich Makers Investigate and Make! & Big Chef Little Chef!

Skills:

- **Develop sensory awareness**
- **Use a range of small and large equipment and stimuli**
- **Use and handle a range of tools**
- **Explore and experiment**

Sandwich Makers Investigate and Make!

Discuss with your child how they think a sandwich is made. Begin by bringing out a pre-made sandwich. Allow your child to take it apart. Ask questions about the different ingredients. Can your child name all of the ingredients? Help to learn new words.

Show your child a range of ingredients that they could use to make a sandwich. Help children to name the ingredients. Encourage your child to sample any individual ingredient that they are unfamiliar with; and praise for trying something new. Can they talk about the different flavours and textures?

Help your child choose ingredients to make their own sandwich. Sit together to eat (or have a picnic), then encourage your child to wash and dry the equipment at the end.

Big Chef Little Chef!

Let your child work alongside you to bake or cook. Easy dishes include pasta with pesto, scrambled eggs on toast, vegetable soup, bread buns, flapjacks or pancakes. Encourage your child to measure, pour, mix and taste. Ask questions about the changes that happen during cooking and baking. What is the chocolate doing as we heat it up? Does the egg look different now that it is cooked?

Does it belong in Nature? Scavenger Hunt

Materials:

- 10-20 small common items made from various materials, for ex. glass, cardboard, metal, wood, plastic, paper, fabric etc.
- a carry bag

Place: On a local walk or in your garden

Before you begin with your child, spread out or hide the litter items. Keep items easy to find for younger children and slightly camouflaged for older children.

To begin, give your child the carry bag. Try telling a little story to lead into the activity, for example: "I think a Litter Bug has been here and dropped things that don't belong in nature. Let's see if we can find them and pick them up!" As you come across the items, ask "Does that belong in nature?" and let your child make the call. Mix it up by picking up some natural items as well and asking the same question. Then talk about why some things belong and others don't.

The goal here is encouraging children to think for themselves and come to their own conclusions, while exploring and caring for their own environment. Some other questions to consider while doing this activity:

- Are some materials more "natural" than others?
- Where does all the rubbish go when we throw it "away"?
- How can we recycle the litter that we've found?
- What can happen to plants and animals when things that don't belong in nature end up there?
- What can we do to take care of nature?

Note: If doing this activity on a local walk, caution your child about picking up items without showing you first, as some litter can be dangerous. Teaching your child to recognise risk for themselves is also a valuable life lesson.

Making Pretend Cakes for Role Play



The
Craft
Train

GLITTER SPONGE CAKES



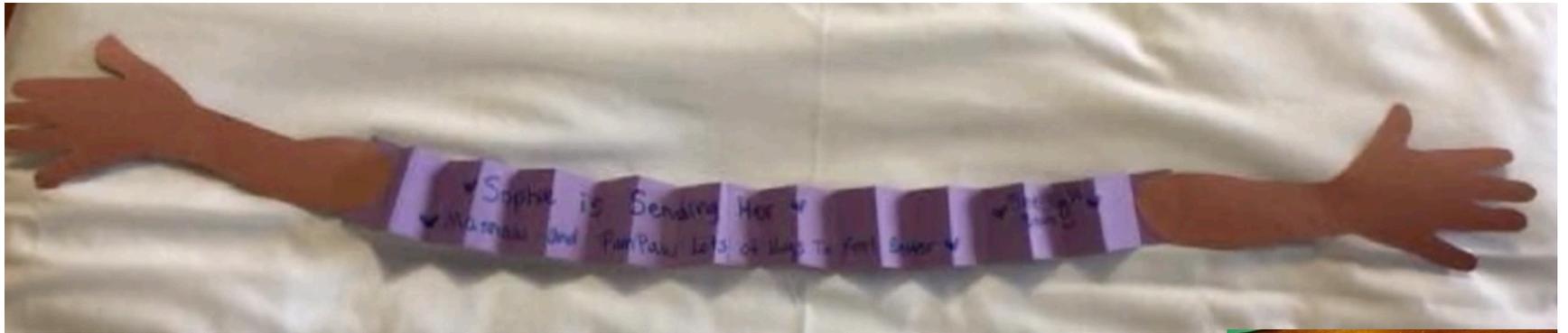
Kitchen sponges can be cut, glued, decorated and painted.

Playdoh or salt dough in cupcake liners.

Balled up paper or balled up socks in a cupcake liner.

Decorate or paint cardboard cookies.

Paper Hugs



Use whatever materials that you have available.
(If you don't have large pieces of paper, tape pieces together, or check if you have old wrapping paper.)

Encourage your child to trace their own hands and cut them out.
Using paper or string, help your child to measure their "hugging arms".
Or have your child lay down on a large piece of paper and trace around them to make a hug.

Talk with your child about what message they want to send with their hug. Ask them to create a message aloud. Write your child's words down as they recite their message to you.

