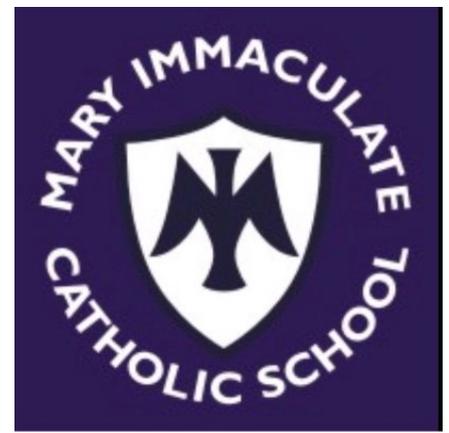


Friday/Dydd Gwener 1.10.21

## Reminders

- Due to the change in the weather, some children are coming in dressed in the winter uniform and they look so smart! Please remember that all children will be expected to wear a shirt and tie after half-term, from 1st November 2021. If you have any queries about the uniform, please contact the school office.

<https://spark.adobe.com/page/uZCbx0zslGatu/>



## Department meetings

The children in key stage two met with their departments this week. It was an opportunity to discuss ways forward for the school and to celebrate the work that the children completed last year. We have very keen year three pupils joining the departments this term, they all had something to offer and ideas to share. Each department chose two children to represent them at the cabinet meetings held with Miss Mansfield, the Faith Ambassador, the First Ministers and their deputies, each half-term. The first Cabinet meeting of the year will be in the next couple of weeks.

## Face coverings

We kindly ask that you wear a face-covering when on the school site. The Covid cases within both schools on our site are increasing and we are doing all that we can to stop the transmission further. Visitors who come into the school building must also wear a face-covering.

## Friends

Dragon Bags is the new way that we are going to recycle clothing to raise money for the Friends. Please support if you can, it's a great excuse for a clear out! Our Department of Sustainability shared the information on page six with the juniors this afternoon. Please find what Dragon Bags will, and will not, accept on page five. Many thanks for your support in advance.

## Flu Vaccine

The school nurse will be in on Tuesday 5th October to administer the vaccine to pupils in Reception to year 6. If any parents have not returned the form but would like their child to receive the vaccine, they should contact their GP surgery.

Our whole school target for attendance is 95%. Our Attendance Ambassadors shared the figures in assembly this morning. The class with the highest percentage attendance for the week is awarded the attendance cup in assembly and the get five minutes extra play! This week our winners are Dosbarth Druidston - da iawn bawb!



Attendance	
Dosbarth Solva (AM)	92.86%
Dosbarth Solva (PM)	66.67%
Dosbarth Amroth	88.00%
Dosbarth Little Haven	92.05%
Dosbarth Marloes	91.67%
Dosbarth Newgale	96.67%
Dosbarth Druidston	97.00%
Dosbarth Whitesands	96.59%
Dosbarth Aberiddy	93.50%
Whole school total	93.27%

## RSE

**Dosbarth Solva and Amroth:** 'Ready Teddy' With the ultimate aim of looking after our God-given bodies, this interactive session involves children helping Freddy Teddy to make good, healthy lifestyle decisions, including about exercise, diet, sleep and personal hygiene.'

**Dosbarth Little Haven** 'Clean and Healthy'

**Dosbarth Marloes** Super Susie gets Angry - Children will have to take up the mantle of the expert and help Super Susie through experiencing strong feelings for the first time. They will learn more about consequences of choices and what to do when it all goes wrong.

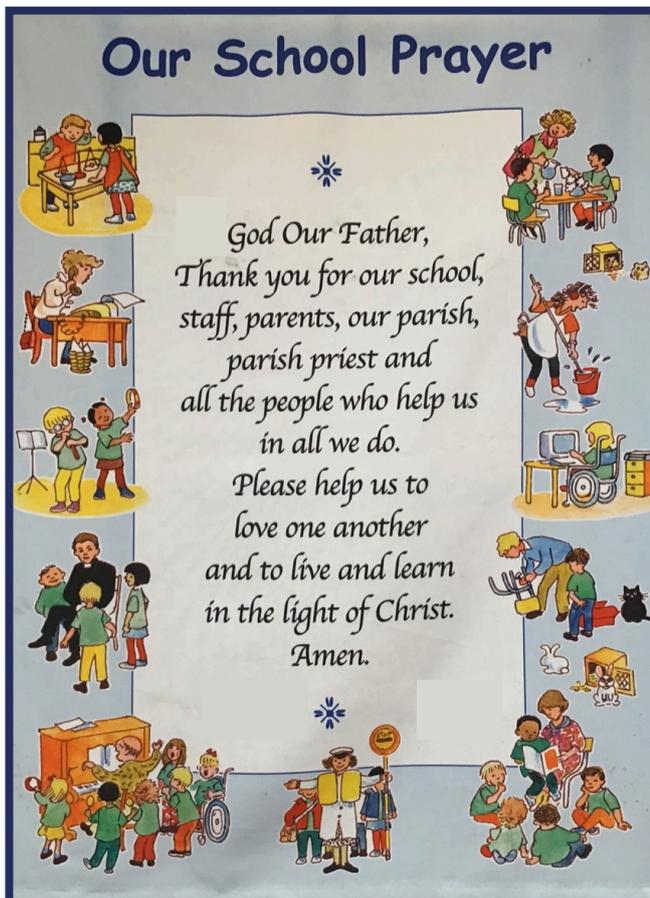
**Dosbarth Newgale,** 'Get up' - Personal and communal prayer and worship are necessary ways of growing in our relationship with God

**Dosbarth Druidston** 'Created and loved by God' Understanding differences.

**Dosbarth Whitesands and Aberiddy:** 'Do you want a piece of cake?' The previous session in this unit considered different ways in which children might feel pressured by those around them, particularly their peers. This session discusses the issue of consent and bodily autonomy, and it equips children with the ability and confidence to say 'no'.

## Merit Certificates

Dosbarth Solva	<b>Daisy Scourfield</b> “For excellent effort in all areas of learning.”	Dosbarth Newgale	<b>Annabella Davis O’Brien</b> “For working so carefully and methodically when solving doubling and halving problems.”
Dosbarth Amroth	<b>Ryan Connell</b> “For his excellent sequencing of the Three Little Pigs independently.”	Dosbarth Druidston	<b>Kaima Ozougwu</b> “For always taking part in class discussions and never being afraid to share her ideas with the class.”
Dosbarth Little Haven	<b>Marnie Kerrison</b> “For being such a respectful member of our class and a fantastic collective worship leader this week.”	Dosbarth Whitesands	<b>Cohen Macphee</b> “For demonstrating perseverance in his work across the curriculum.”
Dosbarth Marloes	<b>Marni Fox</b> “For always giving 100% in all areas of her learning.”	Dosbarth Abereddy	<b>Oliver Gosling</b> “For showing excellent maturity and organisation skills during our RSE session this week.”



# Ymadrodd yr Wythnos



## Esgusodwch fi

Esgusodwch fi!

Wrth gwrs!  
Dim problem!

Excuse me!  
Of course!  
No problem!



### Optimistic October 2021

MONDAY



TUESDAY

WEDNESDAY



THURSDAY



FRIDAY

SATURDAY

SUNDAY



4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished this week

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the week ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities this week?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together



This half-term, we will be focusing on the Catholic Pupil Profile Virtues:

# Learned and Wise

**Learned** in the way in which we try our best at school and learn about God and **wise** in our words, choices, decisions and the way we choose to live our lives.'

We can be **learned** in our studies and share our **wisdom** with others. Everybody has their own unique interests and talents. For this virtue, think about how you can maybe deepen your own wisdom by learning a new skill or by sharing a pre-existing talent with others. Perhaps you can teach your family members some Welsh or try learning a few simple phrases from another language!  
Pob Lwc!

To

acquire

wisdom

is to love yourself;

people who cherish understanding

will

prosper.

(Proverbs 19:8)



## Cutting Conflict



## Learned & Wise

# Dragon Bags

## WHAT WE WILL ACCEPT



## WHAT WE WON'T ACCEPT



# Did You Know?

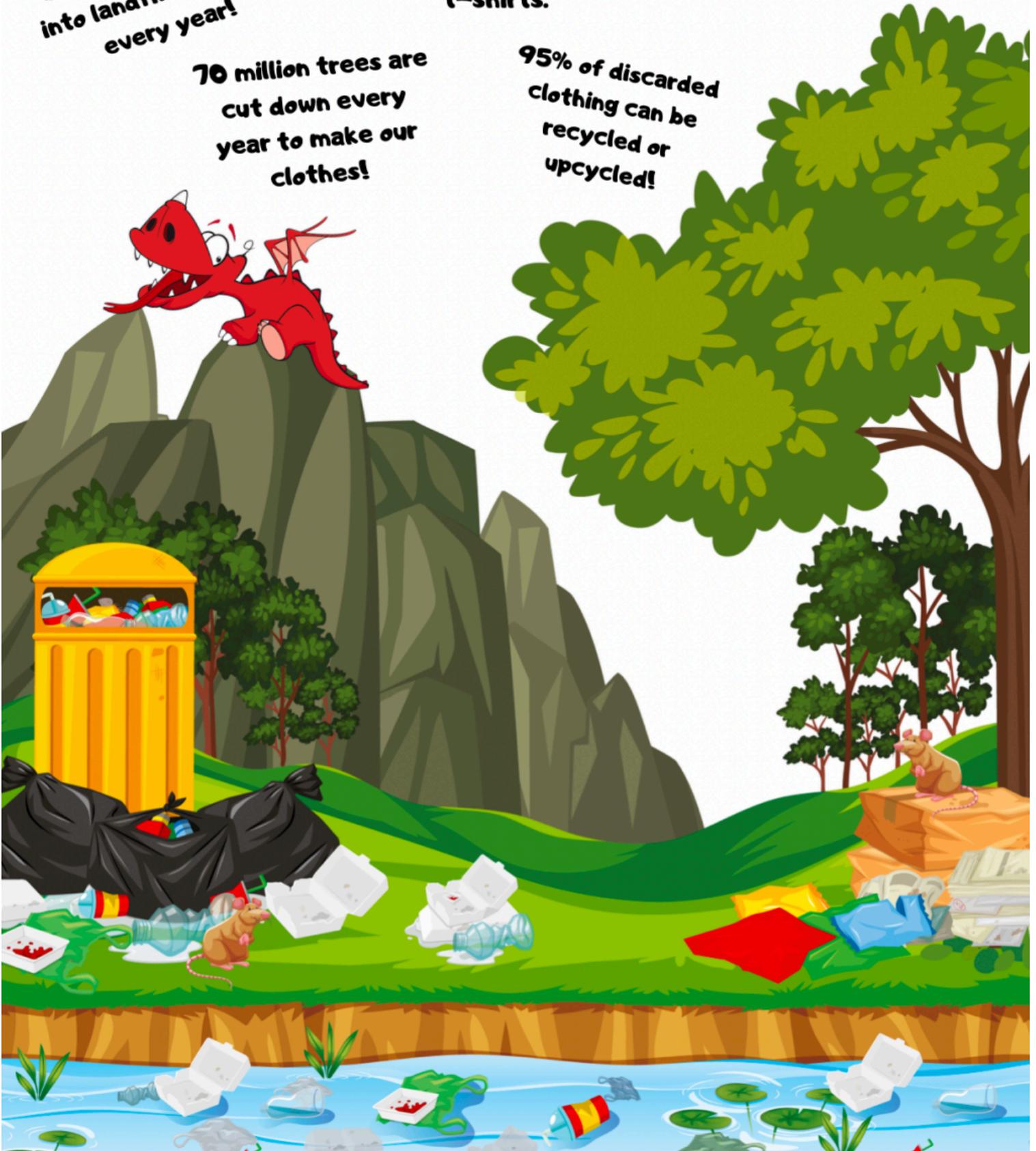
An estimated **350,000 tonnes** of used clothing goes into landfill in the UK every year!

In the UK, we throw away **570kg** of clothing every minute! That's the equivalent of **4,380 t-shirts**.

The carbon footprint of 1 new t-shirt is greater than driving a car for **35 miles!**

**70 million trees** are cut down every year to make our clothes!

**95%** of discarded clothing can be recycled or upcycled!





## Visits To Volcanic Eruption

A volcanic eruption is often teamed with the word danger or disaster but not in Iceland, where lava has been erupting from a fissure near Mount Fagradalsfjall. According to Iceland's tourist board, it has become a major tourist attraction with potentially upwards of 300,000 visitors flocking to see it! The eruption actually began on 19<sup>th</sup> March and is officially the longest ongoing volcanic eruption the country has seen for over 50 years. Halldor Geirsson, a geophysicist at the Institute of Earth Science, said: 'The usual behaviour that we know from volcanoes in Iceland is that they start really active and pour out lava, and then the outflow sort of decreases over time until it stops.' Throughout the six-month period the volcano has varied between gentle, slow trickles of lava to throwing enormous amounts of molten rock into the air. It has even been reported

that visitors to the eruption have been pictured grilling food on the scorching crust of the magma! Would you visit if you could or would you rather read all about it from a safe distance?



*Pictured: Fagradalsfjall volcano in Iceland  
Source: @SophieCarrPhoto Twitter Page*

## One Charger For Your Electronic Devices?



*Pictured: The proposed universal charger, a USB-C  
Source: Canva*

Under a new rule, proposed by the European Commission (EC), manufacturers will be forced to find a universal charging solution for electronic devices, including mobile phones. It is hoped the move to one type of charger means they can be reused when new devices are purchased thus reducing waste. The proposal stated phones, tablets, portable speakers, headphones, cameras and handheld video games sold in the EU must have USB-C chargers. However, tech giant, Apple, has reservations stating: 'We remain concerned that strict regulation mandating just one type of connector stifles innovation rather than encouraging it, which in turn will harm consumers in Europe and around the world.'



## Impact Award 2021

Has something in the news inspired you to make a difference? Use your voice? Bring about change? Make an impact? If the answer is 'YES!', then let us know all about it so we can help you celebrate with your very own Picture News 2021 Impact Award and Logo for your school! All you need to do is ask your teacher to request an application pack from [help@picture-news.co.uk](mailto:help@picture-news.co.uk) and get entering. The closing date is Thursday 23<sup>rd</sup> December.



Pictured left: This year's 2021 Picture News Impact Logo 2021

Pictured right: St Mary's Nercwys Voluntary Aided Primary School with their 2020 Impact Award



*In the news: Pop-Its are the newest playground toy. Impact: Barlborough Primary were inspired to test and experiment to see if using them in the classroom would actually help. This further inspired discussions for Bransty Primary pupils who went on to design their own (pictured left).*



*In the news: Care home visits still restricted. Impact: Schools wrote letters and sent cards. Gee Cross Primary School are pictured here delivering their cards which led to #HeartsforHomes.*

## Your thoughts on last week's news...

*I think people would start helping other people more.  
Jack – age 8*

*Facing disasters changes us by persuading others to be safe and we will get the experience of danger. Then we will be safe and careful too. I feel worried because we do not know how climate change could issue our health.  
Samiksha – age 7*



What was your opinion on this week's news? Visit our discussion area, found here:

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)  
to share your thoughts!

*I think going through a scary experience like the hurricane disaster can definitely change you. It might make you realise how important you and your family are, more important than all of the things we have in our house.  
Dylan – age 11*

I think...



YOUR COMMENTS

Share your thoughts on our online discussion board:  
[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

Email: [help@picture-news.co.uk](mailto:help@picture-news.co.uk) Tweet: @HelpPicture  
or post to: Picture News Ltd, Colber Lane, Bishop Thornton, Harrogate, North Yorkshire, HG3 3JR