

## Friday/Dydd Gwener 3.3.23

### Reminders

It is our ESTYN inspection next week. If you are able to, please attend the meeting for parents and carers at 3:30pm on Monday. Diolch

### Spring Term Newsletter

Please find important information and dates on this [link](#).

### Ten Ten Parent Newsletter

[Newsletter - March](#)



### ESTYN meeting for parents and carers

The meeting will take place on Monday at 3:30pm. If you will be attending, please complete the form below to help us organise childcare places and seating arrangements: [https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4\\_TzS3ZEGUCRtgHRR5kyXdOBU0ZYZBk41PFVfthxUN0VPVVDV1FaQks3SjZBTTBHMkcxR1VBTi4u](https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4_TzS3ZEGUCRtgHRR5kyXdOBU0ZYZBk41PFVfthxUN0VPVVDV1FaQks3SjZBTTBHMkcxR1VBTi4u)

### Parish Links

As you know, our Mini Vinnies organised a cake sale in the church hall before half-term to raise money for Syria and Turkey. They enjoyed meeting the parishioners as well as friends and family at 'The Warm Hub' in the church hall. They raised £203.71 in the sale that morning, they then brought the leftover cakes back to school and raised a further £167.50. Luke and Mason in Dosbarth Druidston emailed Father and he shared the work of the Mini Vinnies at the Masses over the weekend and the parishioners in Narberth donated £119! Isla and Llinos counted the money and shared the total in assembly this morning. Every child had a role, using their talents for the good of others. We are very proud of them all. Diolch yn fawr to everyone who supported the children with this important work.

### Virtue competition

The Faith Ambassadors read the following message out in assembly this morning: "This half term our virtues are Learned and Wise. Are you learned in your studies and all the work you do? Can you share your wisdom with others? We all have our own unique interests and talents. For this virtue, think about how you can deepen your own wisdom? Can you learn a new skill? Maybe some new Welsh or Spanish phrases or a new skill in football or swimming? Can you share some of your wonderful talents and skills with your friends and family?"

Your challenge:

Can you teach your friends or family members your God-given talents? For example you might teach them some Welsh or you could try learning some phrases from a new language. Video yourselves and send to your teachers. We look forward to seeing your entries. Pob Lwc!"

### 'The Big Lent Walk'

*This year, we have decided to choose CAFOD as our Lenten charity. We will be raising money to help those who face extreme poverty globally. We will be challenging ourselves by taking on 'The Big Lent Walk', as part of our daily mile. We are aiming to walk as far as possible during the forty days of Lent. We would be very grateful if you could support us by donating what you can by clicking the link below:*

<https://cafod.enthouse.com/pf/mary-immaculate-catholic-primary-school>

Diolch yn fawr,

Sophie Bradley and Leah Thomas

(Faith Ambassadors and Department of Sustainability members)



### RSE

#### Dosbarth Amroth:

'My Body, My Rules' This session introduces children to the idea of bodily privacy (including the NSPCC PANTS message that 'privates are privates') and the importance of talking to their 'special people' if anything troubles them. This is all underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.

#### Dosbarth Little Haven:

'Feelings' In this session, children will watch a video where two presenters are trying to understand the feelings inside their heads. Children will realise that we all have different feelings at different times, and different likes and dislikes too. Children will take part in activities to help them understand and articulate their own feelings and how other people's feelings might differ from theirs.

#### Dosbarth Marloes

'Being Safe' This session helps children to recognise safe and unsafe situations in real life and online. Through activities and the story of Smartie the Penguin, children will understand that being safe is not just about physical precautions, they need to feel safe on the inside too.

#### Dosbarth Whitesands:

'Cyberbullying' This session explores how children can chat safely, the impact cyberbullying can have, and what behaviour is acceptable and unacceptable online. Children will also learn how they can report and get help if they encounter inappropriate messages or material.

#### Dosbarth Abereiddy:

'Giving Assistance' The children will learn basic First Aid, including the recovery position and the DR ABC primary survey. This is underpinned with the religious teaching that God created us to love Him and to love others, so we should look out for and care for one another.

### Week beginning 6.3.23

Dydd Llun	<ul style="list-style-type: none"> <li>Swimming for year 3 &amp; 4</li> <li>ESTYN meeting with parents and carers @ 3:30pm in the school hall</li> </ul>
Dydd Mawrth	<ul style="list-style-type: none"> <li>Music sessions with Mr Morris</li> </ul>
Dydd Mercher	<ul style="list-style-type: none"> <li>No school Mass, it has been cancelled due to a funeral. Please keep the family in your thoughts and prayers.</li> </ul>
Dydd Iau	<ul style="list-style-type: none"> <li>Cricket Wales taster sessions for year 3, 4, 5 &amp; 6 - please allow your child to wear PE kit to school.</li> </ul>
Dydd Gwener	<ul style="list-style-type: none"> <li>Rearranged World Book Day activities - everyone to dress up as a character from their favourite book so they can take part in a fashion show on the runway!</li> <li>Whole school celebration assembly</li> </ul>

## Curriculum for Wales - Four purposes

Dosbarth Amroth and Dosbarth Newgale have been exploring what it means to be 'Healthy, confident, individuals'. They decided upon and created the images to match the statements. To find information about the new curriculum for Wales please click the link below:

<https://hwb.gov.wales/curriculum-for-wales>



I manage my feelings when things don't go my way.



I can play well with my friends and know how to take turns fairly.

Are building their mental and emotional wellbeing by developing confidence and resilience.

I believe in myself and encourage my friends to try their best.  
I understand that mistakes help me to learn.

I've done it all wrong. I am rubbish at maths!



I understand that you are feeling upset. Please don't worry. Just remember, mistakes help us to learn. Let's try together.

Are building their mental and emotional well-being by developing confidence, resilience and empathy.

### Attendance

Dosbarth Amroth (R)	72.2%
Dosbarth Little Haven	91.5%
Dosbarth Marloes	95.8%
Dosbarth Newgale	83.2%
Dosbarth Druidston	90.8%
Dosbarth Whitesands	90.4%
Dosbarth Abereidid	93.2%
Whole school total	88.2%

### Tweet of the week!



Mary Immaculate Catholic Primary Sc...  
@MaryImmaculateH

Our Mini Vinnies raised £500 for those affected by the earthquake in Turkey and Syria. They enjoyed meeting the parishioners at the 'warm hub' in the church hall. Diolch hefyd to those in both churches who donated to support the children with this important work.

@YoungVinniesEW



@MaryImmaculateH

Father,  
We ask that you would draw near  
to our brothers and sisters in Syria and Turkey  
at this time of heartache, grief and uncertainty.

Let them know the warmth of your love  
and give them the strength to face  
the challenges of each new day.



This half-term, we will be focusing on the  
Catholic Pupil Profile Virtues:

# Learned and Wise

**Learned** in the way in which we try our best at school and learn about God and **wise** in our words, choices, decisions and the way we choose to live our lives.'

We can be **learned** in our studies and share our **wisdom** with others. Everybody has their own unique interests and talents. For this virtue, think about how you can maybe deepen your own wisdom by learning a new skill or by sharing a pre-existing talent with others. Perhaps you can teach your family members some Welsh or try learning a few simple phrases from another language!

Pob Lwc!

To

*acquire*

wisdom

*is to love yourself;*

people who cherish understanding

*will*

prosper.

(Proverbs 19:8)





## Living in a skip



**Pictured:** The Skip House **Source:** @SkipHireMag Twitter page

Harrison Marshall, an artist from London, has moved into a skip for a year! He said the move is to get people talking about cost-of-living problems in London. The artist has moved in to a converted skip in Bermondsey, south-east London, to highlight the problems that people are having affording accommodation in Britain's capital. 'I don't expect other people to pursue this or replicate it,' Mr Marshall said, 'It's very hard to replicate. So, really, it's more of a statement and something which tackles or talks about the issue in a light-hearted way and highlights

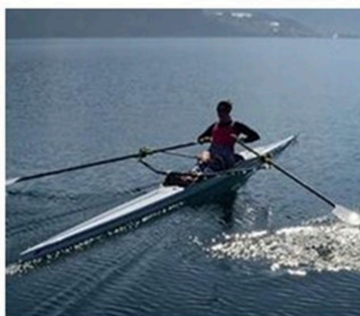
just how crazy it is to live in central London.' Harrison began considering whether it would be possible to live in a skip whilst working on a skip art project. His new home, comprised of a standard 8-yard skip (3.6m x 1.8m) with an insulated timber frame and a barrel roof, became reality when he returned to London and tried to find somewhere affordable to live. Mr Marshall also has access to a portalo, and says he will shower at work or the gym. *Can you think of any other objects that could be transformed into a home?*

## Record-breaking rower

An Australian professional sailor and rower has achieved 10 world records on a rowing expedition! Lisa Farthofer battled icy temperatures, frost nipped, broken toes and sleep deprivation to become the first woman to row on the Southern Ocean and first woman to row on Polar open waters. In January, she rowed 407 nautical miles (753.7 km) on the open waters in Antarctica aboard a rowing boat named, Mrs Chippy. Lisa and her international team were rowing for seven days and six nights, 24 hours a day. They worked in groups of three, taking it in turns to row in one and a half hour shifts, then swapping over to rest, cook, eat and sleep. As a team, they earned a further eight records: first human-powered expedition in the Southern Ocean, fastest row on the Southern Ocean, first human-powered expedition on the Scotia Sea, first

human-powered expedition from the Antarctic, fastest polar row, longest distance rowed on the Southern Ocean, first human-powered expedition on the Southern Ocean (south to north), and southernmost start of a rowing expedition. Lisa said: 'I saw some really amazing things. It was rough and difficult at times but there were some astonishing moments like being in the middle of a pack of fin whales, and it also felt like there was always a pack of penguins with us. They never seemed to be far away.' Reflecting on the amazing achievement, she said she would do a few things differently 'If I was going to do it again, I'd definitely take more chocolate with me, that's for sure, and more shoes,' she laughed.

*What would you take with you on an expedition?*



**Pictured:** Lisa Farthofer in her rowing boat and taking a selfie as she arrives in Antarctica after one week of sailing **Source:** Guinness World Record Facebook page



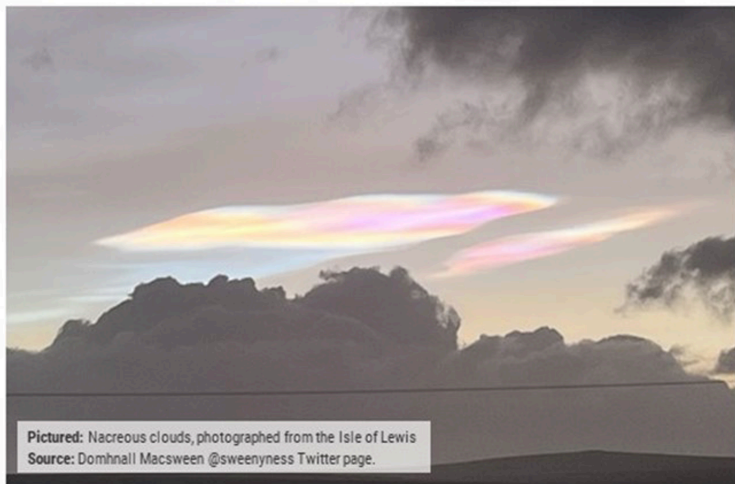
Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



© Picture News 2023

## Colourful clouds



**Pictured:** Nacreous clouds, photographed from the Isle of Lewis **Source:** Domhnall Macsween @sweenyness Twitter page.

Rare nacreous clouds, also known as 'mother-of-pearl' clouds, have recently been spotted in the UK. The clouds of shimmering colours form in very cold and dry conditions. Domhnall Macsween, a crofter from the Isle of Lewis in North West Scotland, captured the photo above. These clouds are one of only two clouds found high up in the stratosphere. The other being noctilucent clouds, which are also rare and usually only seen on clear summer nights. The stratosphere, the second layer of the Earth's atmosphere as you go upwards, is located above the troposphere and below the mesosphere.

The Met Office website describes the large, thin, disc shaped clouds reflecting vivid colours, stating, 'The colours are reminiscent of the colours which reflect from a thin layer of oil on top of the water, an effect known as iridescence. Due to their high altitude and the curvature of the Earth's surface, these clouds are lit up by sunlight from below the horizon and reflect it to the ground, shining brightly well before dawn and after dusk. They are most likely to be viewed when the Sun is between 1° and 6° below the horizon and in places with higher latitudes, such as Scandinavia and northern Canada.'

Last week's topic:

**What is the most important form of communication?**

Emojis or pictures because you can understand what people are feeling even if you speak different languages.

Seb



With friendship.

Toby

I think the best way to communicate is by speaking as if you tell someone and they might help you.

Nicole

I think every form of communication is important.

Grace

**Let us know what you think about this week's news?**



[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



[help@picture-news.co.uk](mailto:help@picture-news.co.uk)



@HelpPicture



Picture News Ltd,  
Colber Lane,  
Bishop Thornton,  
Harrogate,  
North Yorkshire, HG3 3JR

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



© Picture News 2023



# Let's look at this week's story



A safe, digital pound that can be used in shops or online is likely to be needed for the future, the government has said. The Treasury and the Bank of England will explore the idea. It would be issued by the Bank of England and accessed by people and businesses through 'digital wallets' on smartphones or smartcards. Users would not hold accounts directly at the central bank and could use the currency online and for payments made in shops or restaurants in person.



Learn more about this week's story [here](#).  
Watch this week's useful video [here](#).  
This week's Virtual Picture News [here](#).



© Picture News 2023

## TAKEHOME

27 Feb - 5 March



Will the world become cashless in the future?



## In the news this week

A safe, digital pound that can be used in shops or online is likely to be needed for the future, the government has said. The Treasury and the Bank of England will explore the idea. It would be issued by the Bank of England and accessed by people and businesses through 'digital wallets' on smartphones or smartcards. Users would not hold accounts directly at the central bank and could use the currency online and for payments made in shops or restaurants in person.

### Things to talk about at home ...

- > Do you have any of your own money? If so, is it in a bank or kept at home? How do you make sure it stays safe?
- > How often do you pay with coins or notes? Can you think of any situations when you wouldn't be able to pay with a card or app?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



© Picture News 2023