GIG CYMRU NHS WALES
Iechyd Cyhoeddus Cymru
Public Health Wales

Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze

Catch it with a tissue

Bin it

Kill it by washing your hands with soap and water or hand sanitiser

You should wash hands with soap & water or hand sanitiser

After breaks & sports activities

Before cooking & eating

SCHOOL ETC. **On arrival at any childcare or educational setting**

After using the toilet

Before leaving home

Try not to touch your eyes, nose, and mouth with unwashed hands

Do not share items that come into contact with your mouth such as cups & bottles

If unwell do not share items such as bedding, dishes, pencils & towels

Stop germs spreading by using the e-Bug resources on hand and respiratory hygiene available through e-bug.eu

What should you do if you feel unwell?

Keep away from others at stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call NHS Direct Wales on 0845 4647 or NHS 111 if available in the area, for advice. Follow the Welsh Government advice for childcare or educational settings: gov.wales/guidance-educational-settings-about-covid-19. Parents can visit phw.nhs.wales/coronavirus to find out more information about coronavirus. Teachers and support staff should follow the Welsh Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self-isolate, and NOT attend education or work for 14 days. See phw.nhs.wales/coronavirus for advice on coronavirus.

If there is an emergency, call 999 immediately