



Portfield News

Newyddion Portfield

November 2017

Tachwedd

WELSH PHRASES

Dim problem = No problem

Croeso = Welcome

Dim diolch = No thank you

RIGHTS

RESPECTING SCHOOL -
To an education.



Welcome to the November Newsletter.

Lower 2 have been singing nursery rhymes and exploring sensory trays as part of Nursery Rhyme week.



Upper 2 have been designing and making spotty bows to wear for Children in Need.

Upper 3 have been making Pudsey biscuits and spotty cakes ready for their Friendship Party on Children in Need Day.



Upper 5 have been busy in the kitchen cooking Indian inspired recipes including kheer, rice pudding and curries.



KS3 Pupils from Lower 5 and 7, Upper 1 and Taskers 1 went to Crucial Crew on the 15th November where pupils learned from the Emergency Services how to behave in an emergency, and how to stay safe.



Y Porth have really enjoyed playing wheelchair basketball and practicing different ball skills. We have also been preparing our own meals and snacks in class.



On 26th October 2017, four of the pupils in Upper School passed their Heartstart first aid certificate with flying colours. They were assessed by Dave Sommerville, who said that they had all acted responsibly and were cool and calm in "emergency situations". The Heartstart course includes CPR, the recovery position, recognising the signs of a heart attack, choking and severe bleeding.



Lower 4 have created firework pictures and made banana rockets for cooking. We also planned food to bake for our Friendship afternoon with L5. We enjoyed baking cakes and biscuits and had a lovely afternoon on the 17th November socialising with L5 whilst eating the delicious things that we made.

The winners of the Christmas card competition:
Oliver B 6th Form 1 and Brooke Ella S Lower 4.

Well done both!



A HUGE thank you to the Friends of Portfield School for all their fundraising efforts to buy our fabulous new wheelchair swing.



We are thrilled to announce that Portfield School has won first prize in LNG's "Recycle a Mascot" competition. We had a great time making a tree out of recycled materials - an old umbrella stand, recycled packaging and cardboard of all descriptions. The students enjoyed exploring the sensory properties of the materials and together we assembled a tree which represents our school woodland area and the abundance of trees on and around our school grounds.

Well done Portfield School!



Pembrokeshire Foodbank were very grateful to our children, families and staff for our donation of food gathered for the Harvest Assembly. Reverend Ian Middlemist, the coordinator of the Haverfordwest Foodbank Centre, thoroughly enjoyed attending our harvest assembly and said it was a real privilege to be with you all.

Our school community donated a fantastic 117.41kgs of harvest food and a further 63.8kgs of food was donated through the Friends of Portfield charity shop. Not only has Pembrokeshire Foodbank immediately benefited from our gift of food to support those in need but, in addition, Tesco have donated

Llongyfarchiadau Claire !



Claire Sommerville was nominated for a Gwobr Shwmae Award for her special effort to learn Welsh and use it regularly with enthusiasm in the workplace and in the community.

She was nominated by Jan

Halle, a Welsh Tutor in Pembrokeshire. Jan said, "I nominated Claire for her great efforts to learn Welsh over the years. She has been successful in working through the medium of Welsh in Preseli School in Y Porth." As Claire has learnt Welsh to a high standard, she has benefitted from the chance to teach through the medium of Welsh at Y

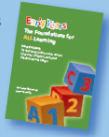
Tips for Toileting

RECOMMENDED RESOURCES

Tips for Toileting
By Jo Adkins and
Sue Larkey.



The Early Years
By Sue Larkey &
Gay von Ess



For more tip sheets, to sign up for a free newsletter or request a free catalogue, visit: www.suelarkey.com



For Children In Need we had the whole school out to create a smiley face on the astro turf. Andrew Theobald very kindly took an aerial photograph of our Portfield Smile using a drone.

Gaming information for parents

The **NSPCC suggest 5 ways** to help children play safe:

1. **Check the game's content:** Always check age ratings and play the game yourself to know what they will be doing.
2. **Know how to mute, block and report:** Check how to do this in the different games your children use.
3. **Be Share Aware:** Remind children not to move from chats in games to chats on social networks.
4. **Activate safety settings:** Turn on parental controls and privacy settings on gaming consoles, turn off in-app purchases.
5. **Keep the conversation going:** Have regular conversations about the games your children play and take opportunities to play games with your children.

A huge thank you for all your generosity in donating to the Operation Christmas Child Shoebox Appeal. We delivered a fantastic 34 boxes to the collection point at Shoe Zone where they were gratefully received.



Autism Aware: A video of Chris Packham of SpringWatch talking about how Aspergers has impacted on his life is currently available on

There is also a video on the BBC Newsround Webpage made by children about what their lives are like living with Autism.

Christmas Fair
Portfield School
Thursday 23rd November
6pm – 8pm

Many stalls,
handmade items,
Santa's grotto,
turkey rolls
and much more.....

If you would like to
book a table
Please contact
Sam Harries on
01437 762701



School Attendance — October 2017

Lower 1	Lower 2	Lower 3	Lower 4	Lower 5	Lower 6	Lower 7		Y Porth
72.11	94.87	94.59	96.87	95.36	93.16	91.35		95.19
Upper 1	Upper 2	Upper 3	Upper 4	Upper 5	Sixth Form 1	Sixth Form 2	Taskers 1	Taskers 2
88.72	97.15	93.71	96.58	94.51	85.40	92.31	93.89	90.68

Congratulations to all classes who have achieved over the school target of 93%!



The Royal National College for the Blind

Education, employment and empowerment

Open Day

The Royal National College for the Blind (RNC)

Friday 8 December 2017 11am – 5pm

(Optional overnight stay and sport activities on Saturday 9 December 10am – 1pm)

Ideal for people in Year 11 and upwards with a visual impairment

Join us for an informative day!

Meet staff and current students

Discuss funding, careers and transitions

Attend lesson drop-in sessions

Tour the
Independence



Mobility

ICT

Braille

Free overnight accommodation for one accompanying adult

For more information and to request a booking form:

Portfield School Careers Fayre

Wednesday 14th
March 2018
10am

ARE YOU IN YEAR 9-14?

**WANT TO KNOW WHAT
THERE IS FOR YOU WHEN
YOU LEAVE SCHOOL?**

**COME TO PORTFIELD SCHOOL
CAREERS FAYRE!**



Portfield
Haverfordwest
Pembrokeshire
SA61 1BS
01437 762701

Meet and talk to staff from colleges,
services, activity centres, work
placements, respite and careers to see
what is available for young people with
ALN.

We will be sending home letters for families to request tickets for the Christmas Concerts next week.

Dates for your diary

Thursday 23rd November 6pm

Friday 15th December

Thursday 7th & Friday 8th December 10am

Thursday 14th & Friday 15th December 10am

Christmas Fair

FoPS Bingo Evening

L/S Nativity

U/S Concert Show