

### Class News - Making a newsletter

- Design headlines - choose font, colour and style.
- Reprographics - photocopying and distributing editions.
- Digital Citizenship - online safety
- Digital producing - Take photos & add images & text
- create images using 'paint' software.
- Work experience feature
- Options feature
- Art feature
- Star of the week/celebrations

Homework - Book to share from the library.

#### ASDAN

##### Preparing Drinks & Snacks

- Take part in preparing hot and cold drinks.
- Follow health & safety routines, eg. Hand washing, use of knives, handling hot items, using appliances and utensils.
- Follow sequences and instructions to prepare a range of snacks & meals.

### Whitesands KS5

#### Autumn Term 2019

##### Topic: Class News



#### ASDAN

##### Develop independent living skills: Being healthy.

- Exercise - country dancing, swimming, PE
- Diet - healthy food choices.
- Rest - relaxation/yoga

#### ASDAN

##### Developing community participation: getting out and about

- Relationships - recognising different relationships eg. Family, learning group, social groups.
- Using local shops - express likes, dislikes & preferences. Follow instructions, follow shopping conventions, use a shopping list, understand that different shops sell different things.

#### ASDAN

##### Develop independent living skills: Looking after yourself

- Personal care within a home setting - following instructions/sequences, following care routines, personal care tasks (toilet), hair care, teeth cleaning.
- Personal care in the community - use public toilets, shower in the leisure centre after swimming, use public changing rooms (swimming), health & safety eg. Stranger danger.