

Tuesday 2nd March

Lesson 1: Look at three of the prayers (below) in the Communion Rite said before the giving of Communion and think about where some of the words come from.

Task: Read through the prayers and try to learn the prayer that the people say.

Communion Rite

After the Our Father the priest prays the following prayer for peace and unity

*Lord Jesus Christ,
who said to your Apostles;
Peace I leave you, my peace I give you;
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity in accordance with
your will.
Who live and reign for ever and ever. Amen.*

Before COVID restrictions the people used to share a Sign of Peace with each other before sharing Holy Communion. Although the parish family are no longer able to shake hands with each other they do pray for peace at this point.

When the priest invites people to come to Communion, he lifts up the Sacred Host and the chalice and says,

*“Behold the Lamb of God,
behold him who takes away the
sins of the world.
Blessed are those called to the
supper of the Lamb.”*



The people respond,

***“Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.”***

Some of the phrases in these prayers are taken from the Bible. The phrase ‘*Behold the Lamb of God*’ is what John the Baptist said in John 1:29 where he points out Jesus to his followers.

‘*The supper of the Lamb*’ refers to words in Chapter 19 of the Book of Revelation, where the writer is describing Heaven and the lamb is Jesus.

‘*I am not worthy that you should enter under my roof,*’ is found in Matthew 8:8 and Luke 7:6, where a Roman centurion has asked Jesus to heal his servant. The centurion believes he is not worthy to have Jesus come into his home, that is ‘under his roof.’

Task: Read through the prayers and try to learn the prayer that the people say.