

## Cystadleuaeth Cogurdd yr Urdd

### Cogurdd Competition

Pryd ?Ar ddydd Iau Hydref 27ain am 9yb

When? Thursday , October 27th at 9am

Pwy? I Flwyddyn 4,5 a 6 (OPSIYNOL) \*

For who? Year 4,5 and 6 (OPTIONAL) \*

Beirniad / Judge : Mr Alun Williams, Y Gradon

\*Os mae’ch plentyn yn fuddugol ac yn mynd mlaen i’r rownd nesaf mi fydd yn rhaid iddynt ymaelodi gyda’r Urdd (£10)

\*If your child is successful they’ll go forward to the regional round and then must be a member of the Urdd (£10)

Yr ymgeiswyr sy’n darparu’r cynhwysion, y plât gweini a’r offer.

Competitors should provide the ingredients , serving plate and utensils .

## COGURDD BLWYDDYN 4, 5 a 6

### Teitl y Rysáit: Brechdan Fendigedig

Bydd angen paratoi'r rysáit yma ym mhob rownd.

Digon i 2 o bobol.

#### Cynhwysion

- Unrhyw fara o dy ddewis di.
- Unrhyw lenwad o dy ddewis di.
- Bydda yn ddyfeisgar. Does dim ffiniau – ond fod y blas yn dda!!

#### Offer

- Cyllell Finiog
- Hambwrdd Torri
- Plât I weini.

## YEAR 4, 5 AND 6 COGURDD

### Recipe Title: Splendid Sandwich

This recipe will need to be prepared in each round.

Enough for 2 people.

#### Ingredients

- Any bread of your choice.
- Any filling of your choice.
- Be resourceful. There are no boundaries – as long as it tastes good!!

#### Equipment

- Sharp Knife
- Chopping board
- Plate to serve

#### Tips

- Think how you will serve the sandwich; you can use fresh herbs to decorate if you wish.
- Why not use different breads. Be as creative as possible!
- Cut the ingredients carefully.